LAKESIDE HIGH SCHOOL AIR FORCE JROTC COURSE SYLLABUS Survival/Leadership Education II & III/Health and Wellness Returning Cadets

Course ID: Credit Hours: Course Teaching Schedule:	28.01800, 28.0120001-1 1 PE Credit M-F, Traditional Schedule
Teacher:	Senior Aerospace Science Instructor (SASI): Lt Col Jonathan Reyes (Survival) Email: jonathan_reyes@dekalbschoolsga.org Phone Number: 678-874-6833 Tutoring: Tues, Thurs: 7:30 a.m. – 8:00 a.m.
Teacher:	Aerospace Science Instructor (ASI): SMSgt Ebony Williams (LE II/III) Email: ebony_williams@dekalbschoolsga.org Phone Number: 678-874-6832 Tutoring: Tues, Thurs: 3:30 p.m. – 4:00 p.m.
Required Text:	Survive and Return, Patricia Q. Roberson Copyright 1997 Leadership Education II: Communication, Awareness, and Leadership C ² Technologies, Inc Copyright 2016 Leadership Education III: Life Skills & Career Opportunities Pearson Learning Solutions Copyright 2013
Required Materials:	To successfully complete this course, you will need: Air Force textbooks, blue uniform variants, unit polo and khaki pants uniform, physical training uniform. Other requirements are paper, pen, pencil, and appropriate athletic shoes.

Lessons:

Semester 1 Fall/Winter:

Survival: Unit 1 (Ch 1-1 through 1-5) Unit 2 (Ch 2-1 through 2-5) Leadership Education II (Ch 2, 3, 5) Leadership Education III (Ch 1)

Semester 2 Spring:

Survival: Unit 3 (Ch 3-1 through 3-5) Unit 4 (Ch 4-1 through 4-5) Leadership Education II (Ch 6 - 8) Leadership Education III (Ch 3)

Course objectives:

Aerospace Science- Survival

1. Knowledge necessary to survive where safety and life depend on your decisions.

2. Basic survival medicine procedures, treatments, and prevention measures.

- 3. Ability to meet necessities of life such as food, water, shelter, and fire.
- 4. Land navigation and signaling techniques, as well as the principles of recovery.
- 5. Knowledge of the importance of physical fitness and a healthy life style.
- 6. Knowledge and ability necessary to lead and direct a group or team to complete a task.

Leadership Education II - Communication, Awareness and Leadership (LE200)

- 1. Analyze the key factors in communication and critical thinking.
- 2. Apply the elements of effective writing and public speaking.
- 3. Analyze the importance of attitude in daily life.
- 4. Evaluate the ways in which personality and behavior affect relationships with others.
- 5. Analyze the foundation for an effective team.
- 6. Apply effective problem-solving and consensus-building methods.
- 7. Analyze the Air Force leadership model.
- 8. Evaluate effective leadership and followership.

Leadership Education III - Life Skills & Career Opportunities (LE300)

- 1. Analyze the elements of successful financial management skills.
- 2. Create a plan to safeguard personal resources.
- 3. Analyze the difference ways of pursuing a career path.
- 4. Analyze the requirements for applying to a college or university.
- 5. Analyze the positive and negative impact of college life in meeting career goals.
- 6. Evaluate the essential process for successfully pursuing a desired career or job.
- 7. Evaluate the benefits of working for the Federal Government.
- 8. Create a plan for successful career development.

Course descriptions:

<u>Overview</u>: Each Military Science course is divided into three separate but equivalent sections of study; Aviation Science, Leadership Education, and Health and Wellness. Each school week is divided into 3 parts; 2 days of aviation science, 2 days of leadership education, and 1 day of health and wellness usually designated as "PT" or physical training. Cadets are required to participate in the classroom presentations, briefings and exercises, and in physical training. Leadership Education is sub-divided into smaller sections of learning which includes team-building exercises and Air Force drill requirements. Health and Wellness is broken down into various aspects of physical fitness from team activities to exercises in preparation for the Presidential Physical Fitness Exam. All cadets are required and expected to wear the PT uniform and participate in the scheduled PT activities each week.

<u>Science</u>: The Aerospace Science portion of this course is a review of the basic survival information found in military Survival Training courses. The survival instruction will provide training in skills, knowledge, and attitudes necessary to successfully perform fundamental tasks needed for survival. The course also presents "good to know" information that would be useful in any situation. The information is just as useful to an individual lost hunting or stranded in a snowstorm. For instance, students will learn how medicine procedures, clothing, and shelter can provide personal protection for a survivor in a survival situation. They will learn the necessities for maintaining life in a survival situation, as well as how to travel and prepare for recovery. There will be added emphasis on leadership and personal development skills.

Leadership II: Leadership Education 200 stresses communications skills and cadet corps activities. Much information is provided on communicating effectively, understanding groups and teams, preparing for leadership, solving conflicts and problems, and personal development. Written reports and speeches compliment the academic materials. Cadet corps activities include holding positions of greater responsibility in the planning and execution of corps projects. Cadets are required to continue their study and performance of the 30 basic Air Force Drill commands throughout the school year. A safe and open space is provided to allow the cadets proper space to practice drill commands and procedures. Cadets will maintain a high standard of dress and personal appearance, attitude, discipline, and respect. Cadets will be familiar with Air Force customs and courtesies and drill procedures.

<u>Leadership III</u>: Leadership Education 300 provides an essential component of leadership education for today's high school students. This course is designed to prepare students for life after high school in the high-tech, globally oriented, and diverse workplace of the 21st century.

<u>Health and Wellness</u>: Cadets will utilize this time to learn the importance of keeping yourself well and helping others to stay well. Cadets will work together in flights or teams during friendly team oriented competitions, practice drill commands, and exercise in preparation for undertaking the United States Presidential Physical Fitness Exam. Cadets will organize and oversee an annual AFJROTC Field Day where individual flights will compete against one another while performing self-developed and initiated teambuilding exercises.

<u>General</u>: Each instructor reserves the right to allow cadets to lead any or all aspects of the classroom presentations. Normally, classroom power point presentations will be taught by either teacher. Additionally:

- Cadets will be called upon to develop, organize, implement, and oversee numerous activities in and out of the classroom both, during and after normal school hours.
- Cadets will learn the vocabulary associated with the above information and incorporate it when discussing the information.
- Cadets will be able to perform the specified physical training exercises outlined by the cadet command staff and the teachers.

Grading Information:

The Infinite Campus computer grading system is used for all grading requirements. Cadet grades for each marking period are divided into the following categories:

Finals (Academic & Drill)/Project/Service30%Classwork/Participation/Quizzes25%Uniform Wear/Physical Fitness45%

Grade Percentage Required

 $\begin{array}{l} A &= 90\% - 100\% \\ B &= 80\% - 89\% \\ C &= 71\% - 79\% \\ D &= 70 \\ F &= below 70 \end{array}$

All cadets are expected and required to participate in all aspects of each part of the program. All cadets are expected to wear and maintain, weekly, the Air force Dress Blue uniform on the specified uniform day (**Thursday**). Cadets are expected and required to "dress out" in the Air force "PT" uniform during the weekly designated physical training day (**Friday**). Finally, all cadets are expected to maintain grooming standards, to the best of their ability, as specified in our cadet handbook which is updated and published annually. Each cadet will review the cadet handbook during the first week of classes.

UNIFORM DAY: Thursday of each week unless otherwise specified by the SASI/ASI

Uniform wear and drill **are not optional** aspects of the AFJROTC Program. They are integral parts of the "complete educational experience" that Air Force JROTC offers the high school cadets. If the cadet does not wear their uniform, without good reason (determined by SASI/ASI), during the specified uniform day (<u>Thursday of each week</u>), the cadet will receive a "0" for their uniform grade for that week. For an excused absence on uniform day, the cadet is expected to wear their uniform the following Monday. The uniform must be worn all day.

NOTE: Point deductions for successive infractions for the same offense will be doubled the second occurrence, and cause the student to earn a "0" on the inspection on the third occurrence. Uniform grooming standards must be respected and followed.

If a cadet does not wear their PT uniform and does not participate, without good reason (determined by SASI/ASI), during specified PT days the cadet will receive a"0" for that weekly PT training grade. As listed above, uniform wear and physical fitness is worth 45% of the cadets' grade for each marking period.

HABITUAL NON-WEAR OF THE UNIFORM AND FAILURE TO MAINTAIN AFJROTC DRESS AND APPEARANCE STANDARDS WILL RESULT IN A FAILING GRADE, DEMOTION AND POSSIBLE DISMISSAL FROM THE PROGRAM.

INSTRUCTIONAL GOALS

1. The mission of AFJROTC is to develop citizens of character dedicated to serving their nation and community.

2. The **goals** are to instill values of citizenship, give service to the United States, develop personal responsibility, and instill a sense of accomplishments in high school students.

3. The **objectives** are to educate and train high school cadets in citizenship; promote community service; instill responsibility, character, and self-discipline; and provide instruction in air and space fundamentals.

4. Additional Print Resources: Several books and periodicals are available in the AFJROTC classroom.

5. Keys to Success in AFJROTC: following the rules, wear of the uniform, class attendance, academics, and participation.

RETURN THIS SHEET TO THE (SASI/ASI)

I acknowledge receipt of the AFJROTC Course Syllabus for 2018-2019.

Name (Print):	
Student Signature:	Date:
Parent/Guardian Signature:	Date:
Parent/Guardian Name (Print):	_
Parent Email address:	
Parent phone number:	